

SPECIALS

MARKET UPDATES

28.11.2023 – 04.12.2023

- PRS Potato, Sebago Skin on Chips 15mm/10mm (5Kg Bag) \$20.00
- Tomato, Tiny Tomberry (Punnet) \$1.99
- Peach, Yellow (Tray) \$22.00
- Nectarine, Yellow (Tray) \$22.00
- Tomato, Baby Red Sugarplum (5Kg Tray) \$45.00



**Sebago Skin On
Chips**



**Tiny Tomberry
Tomato**



Yellow Peaches



Yellow Nectarines



**Baby Red Sugarplum
Tomato**



FOLLOW US

@probrosprovidore

P: 1800 PRO BROS

order@probrosprovidore.com.au

www.probrosprovidore.com.au

Good Value Products

- Asparagus
- Baby Beetroots
- Beetroots
- Baby Fennel
- Bok Choy
- Broccoli
- Cos Lettuce
- Cos Baby Green
- Cucumber
Lebanese
- Cucumber
Telegraph
- Cauliflower
- Citrus
- Dutch Carrots
- Edible Flowers
- Eggplant
- Fennel
- Green Cabbage
- Green Kale
- Grapefruit
- Green Shallots
- Leeks
- Mushroom Button
Field/Flat/Portobello
- Onions
- Parsley
- Red Cabbage
- Silverbeet
- Tuscan Kale
- Zucchini
- Zucchini Flower

Products of Interest/In Season

- **Australian Plum** – season has started.
- **Australian Stone Fruit** – season has started.
- **Australian Cherry** – season is starting, quality is not up there yet.
- **Donut Peaches** – donut shaped peaches.
- **Fresh Durian** – come from Queensland.
- **Lychee** – good eating and aromatic flesh.
- **Micro Precut** – good quality and good supply.
- **Mangosteen** – a tropical fruit prized for its sweet and tangy flavour, rich nutritional content.
- **Muandik South Australian Natives** – fresh, frozen, and dried natives. Pre-order only. Exclusive only to Pro Bros.
- **Ox Heart Tomatoes** – great quality and great supply.
- **Society Garlic and Elder Flower** – season is starting now, good quality and good supply.
- **Shishito Pepper** – mildly flavoured chili peppers with a wrinkled appearance, popular for their versatility in cooking, mild heat, and occasional sweetness.
- **Yellow Zucchini** – known for its vibrant colour, mild flavour, and versatility in cooking, can be used in various dishes.
- **Yellow Dragon Fruit** – bright yellow outer skin and sweet, succulent white speckled with tiny black seeds.
- **Zucchini Flowers** – very good quality and very good supply.

Expensive/Finishing for Season/Short in Supply

- **Broad Beans** – season has finished.
- **Chilli Long Red** – expensive.
- **Figs** – only 2 glasshouses in Queensland growing Figs, they have very short supply due to weather conditions. But supply is getting better.
- **Gold Kiwi** – season has finished.
- **Lemon** – price is high. Queensland season is late, and Victoria has very limited supply.
- **KP Mangoes** – Darwin season has finished, Katherine region has very limited yield this season as the mangoes were not flowering.
- **Oranges** – price is high due to high export demand. We are moving towards Valencia season.
- **Round Tomato** – expensive. Queensland season has finished, WA is light on supply, and South Australia is the only growing region now supply whole Australia on tomatoes.
- **White Asparagus** – season finishing.



FOLLOW US

@probrosprovidore

P: 1800 PRO BROS

order@probrosprovidore.com.au

www.probrosprovidore.com.au