

# MARKET UPDATE

12.11.2023 – 18.12.2023

- Peach, Yellow (Tray) \$18.80
- Nectarine, Yellow (Tray) \$18.80
- Melon, Watermelon Mini (ea) \$1.00
- Tomato, Red Ox Heart (Tray) \$18.80
- Tomato, Tiny Tomberry (Punnet) \$2.00



Yellow Peach



Yellow Nectarine



Melon Watermelon Mini



Red Ox Heart  
Tomato



Tiny Tomberry  
Tomato



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## Good Value Products

- Baby Beetroots
- Baby Fennel
- Bok Choy
- Broccoli
- Cos Lettuce
- Cos Baby Green
- Cucumber  
Lebanese
- Cucumber  
Telegraph
- Cauliflower
- Dutch Carrots
- Edible Flowers
- Eggplant
- Fennel
- Figs
- Green Cabbage
- Green Kale
- Grapefruit
- Green Shallots
- Leeks
- Mushroom Button
- Nectarines
- Onions
- Parsley
- Peaches
- Red Cabbage
- Silverbeet
- Strawberry
- Tuscan Kale
- Zucchini
- Zucchini Flower

## Products of Interest/In Season

- **Australian Plum** – season has started.
- **Australian Stone Fruit** – season has started.
- **Australian Cherry** – season is starting, quality is not up there yet.
- **Lychee** – good eating and aromatic flesh.
- **Figs** – local season has started.
- **Micro Precut** – good quality and good supply.
- **Muandik South Australian Natives** – fresh, frozen, and dried natives. Pre-order only. Exclusive only to Pro Bros.
- **Ox Heart Tomatoes** – great quality and great supply.
- **Society Garlic and Elder Flower** – season is starting now, good quality and good supply.
- **Shishito Pepper** – mildly flavoured chili peppers with a wrinkled appearance, popular for their versatility in cooking, mild heat, and occasional sweetness.
- **Yellow Zucchini** – known for its vibrant colour, mild flavour, and versatility in cooking, can be used in various dishes.
- **Zucchini Flowers** – very good quality and very good supply.

## Expensive/Finishing for Season/Short in Supply

- **Blood Orange** – season has finished.
- **Gold Kiwi** – season has finished.
- **Jerusalem Artichoke** – season has finished.
- **Lemon** – price remained high.
- **KP Mangoes** – Darwin season has finished.
- **Oranges** – price is high due to high export demand; we are moving towards Valencia season.
- **White Asparagus** – season has finished.



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## Important Update

In recent weeks, Victorian farms in the Gippsland region have experienced substantial rainfall exceeding 170mm. This excessive water has saturated the crops, and the subsequent high temperatures have caused them to rot and change colour, leading to the destruction of a significant amount of produce. We acknowledge that the product has exhibited poor quality and a compromised shelf life in the past two weeks, and it is anticipated that this issue will continue for the next one to two weeks.

### Impacted product:

- Salad Spinach
- Salad Rocket
- Salad Mix

(Salad Mix supply remains full, please understand quality and shelf life is not as good as it should be).

