

MARKET UPDATE

19.12.2023 – 25.12.2023

- Peach, Yellow (Tray) \$19.80
- Nectarine, Yellow (Tray) \$19.80
- Tomato, Red Ox Heart (Tray) \$18.80
- Figs (Tray) \$28.00
- Tomato, Baby Red Sugarplum (5Kg Tray) \$45.00



Yellow Peach



Yellow Nectarine



Red Ox Heart
Tomato



Figs



Baby Red Sugarplum
Tomato



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Good Value Products

- Baby Beetroots
- Baby Fennel
- Bok Choy
- Broccoli
- Cos Lettuce
- Cos Baby Green
- Cucumber
Lebanese
- Cucumber
Telegraph
- Cauliflower
- Dutch Carrots
- Edible Flowers
- Eggplant
- Fennel
- Figs
- Green Cabbage
- Green Kale
- Grapefruit
- Green Shallots
- Leeks
- Mushroom Button
- Nectarines
- Onions
- Parsley
- Peaches
- Red Cabbage
- Silverbeet
- Strawberry
- Tuscan Kale
- Zucchini
- Zucchini Flower

Products of Interest/In Season

- **Australian Plum** – season has started.
- **Australian Stone Fruit** – season has started.
- **Australian Cherry** – season is starting, quality is not up there yet.
- **Lychee** – good eating and aromatic flesh.
- **Figs** – local season has started. Good quality and good supply.
- **Micro Precut** – good quality and good supply.
- **Muandik South Australian Natives** – fresh, frozen, and dried natives. Pre-order only. Exclusive only to Pro Bros.
- **Ox Heart Tomatoes** – great quality and great supply.
- **Shishito Pepper** – mildly flavoured chili peppers with a wrinkled appearance, popular for their versatility in cooking, mild heat, and occasional sweetness.
- **Yellow Zucchini** – known for its vibrant colour, mild flavour, and versatility in cooking, can be used in various dishes.
- **Zucchini Flowers** – very good quality and very good supply.

Expensive/Finishing for Season/Short in Supply

- **Asparagus** – price going up due Australian season is finishing.
- **Apples** – supply bit tight and prices are going up because Apples are in old season now.
- **Jerusalem Artichoke** – season has finished.
- **Lemon** – price remained high.
- **KP Mangoes** – Queensland season, very short.
- **Oranges** – price has come down slowly.



Important Update

- In recent weeks, Victorian farms in the Gippsland region have experienced substantial rainfall exceeding 170mm. This excessive water has saturated the crops, and the subsequent high temperatures have caused them to rot and change colour, leading to the destruction of a significant amount of produce. We acknowledge that the product has exhibited poor quality and a compromised shelf life in the past two weeks, and it is anticipated that this issue will continue for the next one to two weeks.

Impacted product:

- Salad Spinach
- Salad Rocket
- Salad Mix (Salad Mix supply remains full, please understand quality and shelf life is not as good as it should be.)

