

SPECIALS



- Cabbage, Green (Each) \$3.99
- Orange, Blood (Box) \$24.00
- Tomato, Grape (Punnet) \$2.00
- PRS Cabbage Green, Shredded 3mm (2.5Kg Bag) \$10.00
- PRS Lettuce Iceberg, Shredded 3mm (2.5Kg Bag) \$10.00

MARKET UPDATE

13.08.2024 - 19.08.2024



Green Cabbage



Blood Orange



Grape Tomato



Green Cabbage Shredded



Iceberg Lettuce Shredded



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Good Value Products

- Apples
- Avocado
- Broccoli
- Brussel Sprout
- Cauliflower
- Celery
- Cos Baby Green
- Fennel
- Grapefruit
- Iceberg
- Lemon
- Lettuce Cos
- Mandarin
- Nashi Pear
- Onions
- Orange
- Passion Fruit
- Pumpkin
- Snowpea
- Truffle
- Wombok

Products of Interest/In Season

- **Blood Lime** – In season.
- **Broccoli Rappa** – In season.
- **Cara Cara Orange** – In season.
- **Caulini** – In season.
- **Cherries Import** – In season.
- **Cipolini Onion** – New season has starting.
- **Corella Pears** – New season has starting.
- **Custard Apple** – In season.
- **Fioretto** – In season.
- **Golden Kiwifruit** – In season.
- **Gooseberry** – In season.
- **Globe Artichoke** – In season.
- **Grapes Import** – In season.
- **Jerusalem Artichoke** – In season.
- **Kalettes** – In season.
- **Kanzi Apples** – In season.
- **Mandarin** – In season.
- **Muandik South Australian Natives** – Fresh, Frozen, and dried natives. Pre-order only. Exclusive only to Pro Bros.
- **Navel Orange** – In season.
- **NT Mango** – In early stages of the Australian season.
- **Papple Pear** – In season.
- **Persimmon** – Local season has finished. Relying on import now.
- **Piel De Sapo** – In season.
- **Purple Congo Potatoes** – In season.
- **Purple Flat Beans** – In season.
- **Red Brussel Sprout** – In season.
- **Starfruit** – In season.
- **Tangelo** – In season.
- **Tamarillo** – In season.
- **Truffle** – In season.
- **Yellow Honeydew** – In season.

Expensive/Finishing for Season/Short in Supply

- **Asparagus** – Steady supply from import.
- **Baby Capsicum** – Short supply.
- **Banana** – Expensive.
- **Cabbage Red** – Shortage due to high demand and hit by rain and cold.
- **Chives** – Improved supply but quality is not the best.
- **Cucumber Lebanese** – Shortage due to cold weather in growing region.
- **Eggs** – National shortage in eggs supply.
- **Fingerlime** – Season is in transition, waiting for QLD to start.
- **Green Beans** – Shortage due to the cold weather.
- **Leeks** – Shortage due to cold snap in Victoria.
- **Lime** – Prices are extremely high due to supply tightening.
- **Pomegranate** – End of season.
- **Tomato Cherry** – Short due to the cold weather.
- **Tomato Cherry Medley** – Short supply.
- **Tomato Heirloom** – Short in supply.
- **Tomato Red Ox Heart** – Short in supply.



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