

SPECIALS



- Carrot, Dutch Baby Orange (Bunch) \$2.00
- Peach, Yellow (Tray) \$19.80
- PRS Kale Green, Shredded (2.5Kg Bag) \$20.00
- PRS Pumpkin Japanese, Peeled (5kg Bag) \$15.00
- Radish, White (Each) \$2.50

MARKET UPDATE

07.01.2025 - 13.01.2025



**Carrot Dutch
Baby Orange**



Peach Yellow



**PRS Kale Green
Shredded**



**PRS Pumpkin
Japanese Peeled**



Radish White



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Products of Interest/In Season

- **Apricot** – In season.
- **Australian Stone Fruit** – In season.
- **Cauliflower Purple** – In season.
- **Cherries** – TAS season has started.
- **Dino Melon** – In season.
- **Donut Stone Fruit** – In season.
- **Figs** – In season.
- **Lychee** – In season.
- **Muandik South Australian Natives** – Fresh, Frozen, and dried natives. Pre-order by Monday to receive by Thursday or Friday. Exclusive only to Pro Bros.
- **Nectacots** – In season.
- **QLD Mangoes** – In season.
- **Plum** – In season.
- **Rambutan** – In season.
- **Redcurrant** – In season.
- **Red Kiwifruit** – In season.
- **Victorian Strawberries** – Now in season.
- **Wasabi Root** – In season.

Good Value

Products

- Beans
- Blackberry
- Blueberry
- Carrot
- Celery
- Chilli
- Cos Baby Green
- Dutch Carrot
- Edible Flowers
- Eggplant Glasshouse
- Lettuce Cos
- Lime
- Mangoes
- Pumpkin Japanese
- Raspberry
- Rockmelon
- Strawberry
- Tomato Heirloom
- Tomato Red Cherry Truss
- Tomato Truss
- Watermelon
- Zucchini

Expensive/Finishing for Season/Short in Supply

- **Apples** – Reaching to the end of CA rooms, the new season starts early this year.
- **Asparagus** – End of the season. Imports have started but are very expensive.
- **Baby Beetroot** – Shortage due to weather conditions.
- **Broad Beans** – The season has finished.
- **Cauliflower** – Limited supply due to extreme heat conditions in Victoria.
- **Eggs** – National shortage in egg supply.
- **Lemon** – Very expensive with limited supply.
- **Mushroom Button** – Shortage.
- **Navel Orange** – Prices are increasing due to weather conditions.
- **Pear** – Reaching the end of CA rooms, the new season starts early this year.
- **Sorrel** – Shortage.
- **Thai Basil** – Limited supply due to rain in growing region.
- **Wombok** – Relying on a limited supply from QLD.



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