

MARKET UPDATE

04.02.2024 - 10.02.2024

SPECIALS



\$19.80



**Nectarine, White
(Tray)**

\$19.80



**Peach, Yellow
(Tray)**

\$4.99



**Potato, Congo
Purple (Kg)**

\$2.50



**Radish, White
(Each)**

\$29.80



**Tomato, Cherry
Medley (Tray)**

Good Value Products

- Baba Ghanoush Eggplant
- Cabbage
- Carrot
- Capsicum Green
- Capsicum Yellow
- Celery
- Chilli
- Corn
- Cos Baby Green
- Dutch Carrot
- Dutch Cream Potato
- Eggplant Glasshouse
- Figs
- Grapes
- Honeydew
- Lime
- Mangoes
- Mushroom Oyster
- Nectarine
- Peach
- Pumpkin Japanese
- Rockmelon
- Spaghetti Squash
- Tomato Heirloom
- Tomato Red Cherry Truss
- Tomato Round
- Tomato Truss
- Watermelon
- Zucchini

Products of Interest/In Season

- **Australian Stone Fruit** – In season.
- **Cherries** – In season.
- **Dino Melon** – In season.
- **Donut Stone Fruit** – In season.
- **Figs** – In season.
- **Gala Apple** – In season.
- **Grapes** – In season.
- **Jackfruit** – In season.
- **Lychee** – In season.
- **Mangosteen** – In season.
- **Muandik South Australian Natives** – Fresh, Frozen, and dried natives. Pre-order by Monday to receive by Thursday or Friday. Exclusive only to Pro Bros.
- **QLD Mangoes** – In season.
- **Queen Garnet Plum** – In season.
- **Plum** – In season.
- **Prickly Pear** – In season.
- **Spaghetti Squash** – In season.
- **Wasabi Root** – In season.
- **Wing Bean** – In season.

Expensive/Finishing for Season/Short in Supply

- **Apples** – Reaching to the end of CA rooms, the new season starts early this year.
- **Asparagus** – Mostly relying on import.
- **Avocado** – Price is rising due to low yield from growing region.
- **Calamansi** – Short supply in the market.
- **Coriander** – Short supply.
- **Dill** – Short supply.
- **Eggs** – National shortage in eggs supply. Especially free-range eggs.
- **Iceberg** – Short supply.
- **Mushroom Button** – Short supply.
- **Pear** – Reaching to the end of CA rooms, the new season starts early this year.
- **Poblano** – Supply is a bit short in the market.
- **Tomato Cherry** – Short supply.
- **Wombok** – Relying on a limited supply from QLD.