

MARKET UPDATE

25.02.2024 - 03.03.2024

Weekly Specials



\$4.99
/Punnet



Finger Lime

\$39.80
/Big Box



Fioretto

\$39.00
/Box



Mushroom, Portobello

\$4.99
/Kg



Potato, Congo Purple

\$20.00
/2.5Kg Bag



PRS Cauliflower, Floret

Good Value Products

- Baba Ghanoush Eggplant
- Broccoli
- Brussel Sprout
- Cabbage Green
- Cabbage Red
- Capsicum Green
- Capsicum Red
- Carrot
- Cauliflower
- Celery
- Corn
- Cucumber
- Dutch Cream Potato
- Eggplant Glasshouse
- Figs
- Grapes
- Honeydew
- Iceberg
- Lime
- Pumpkin Japanese
- Rockmelon
- Tomato Big Truss
- Tomato Round
- Watermelon

Products of Interest/In Season

- **Apple Cucumber** – In season.
- **Australian Olives** – In season.
- **Australian Persimmon** – In season.
- **Brown Pear** – In season.
- **Corella Pears** – In season.
- **Custard Apple** – In season.
- **Dino Melon** – In season.
- **Figs** – In season.
- **Gala Apple** – In season.
- **Grapes** – In season.
- **Jackfruit** – In season.
- **Jujube** – In season.
- **Mangosteen** – In season.
- **Muandik South Australian Natives** – Fresh, Frozen, and dried natives. Pre-order by Monday to receive by Thursday or Friday. Exclusive only to Pro Bros.
- **Persimmon** – In season.
- **Pistachio** – In season.
- **Prickly Pear** – In season.
- **Wing Bean** – In season.

Expensive/Finishing for Season/Short in Supply

- **Apples** – Reaching to the end of CA rooms, the new season starts early this year.
- **Asparagus** – Mostly reliant on imports.
- **Avocado** – Prices are rising due to low yield from growing region.
- **Baby Beetroot** – Shortage due to weather conditions, especially *Golden Beetroot*.
- **Banana** – Very short in the market due to flooding in growing region.
- **Betel Leaves** – Shortage due to flooding in QLD.
- **Chimi de Rappa** – Shortage.
- **Dutch Carrot** – Shortage due to weather conditions. Especially *Yellow Dutch Carrot*.
- **Eggs** – National shortage in eggs supply.
- **Hydro Lettuce** – Shortage, especially the red variety.
- **Lime** – Supply tightening due to flooding in the growing region.
- **Long Red Chilli** – Starting to become short in supply.
- **Mango Yellow** – Coming towards the end of the season.
- **Onion Red** – Shortage due to rain and heat.
- **Thai Basil** – Shortage due to flooding in QLD.
- **Thai Eggplant** – Shortage.
- **Thai Green Chilli** – Shortage due to heavy rains.
- **Tomato Cherry** – Shortage.
- **Tomato Roma** – Shortage.
- **Wombok** – Relying on a limited supply from QLD.