

# MARKET UPDATE 25.03.2025 - 31.03.2025

## Weekly Specials



Apple, Red Juicing



Pomegranate



Grapefruit, Pink



PRS Mushroom King Brown, Diced 10mm



Papaya, Green



Tomato, Large Heirloom



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#### **Good Value Products**

- Brussel Sprout
- Cabbage Green
- Cabbage Red
- Capsicum Green
- Capsicum Red
- Celery
- Dutch Cream Potato
- Figs
- Grapes
- Honeydew
- Lime
- Pumpkin Japanese

#### Products of Interest/In Season

- Apple Cucumber In season.
- Australian Olives In season.
- Australian Persimmon In season.
- Borlotti Beans In season.
- Broad Beans In season.
- Brown Pears In season.
- Cape Gooseberry In season.
- Chestnut In season.
- Corella Pears In season.
- Figs In season.
- Gala Apple In season.
- Grapes In season.
- Jujube In season.
- Missile Apple In season.
- Muandik South Australian Natives Fresh, Frozen, and dried natives. Pre-order by Monday to receive by Thursday or Friday. Exclusive only to Pro Bros.
- Pink Guava In season.
- Pistachio In season.
- Prickly Pear In season.

### Expensive/Finishing for Season/Short in Supply

- Baby Beetroot Golden Small size due to weather Thai Chilli Short supply due to heavy rain. conditions.
- Banana Very short in supply due to flooding in Tomato Cherry In short supply. growing region.
- Cauliflower Purple Season has ended.
- Chimi de Rappa In short supply.
- Eggplant In short supply.
- Eggs National shortage in supply.
- Long Red Chilli Starting to became scarce.
- Mango Green In short supply.
- Mango Yellow Approaching the end of the season.

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- Onion Red Short supply due to rain and heat.
- Thai Basil Short supply due to rain in QLD.



- Rockmelon
- Sweet Potato
- Watermelon
- Zucchini Flower

• Starfruit - In season.

- Thai Eggplant In short supply.
- Tomato Roma In short supply.
- Wombok Relying on a limited supply from QLD.

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