



# WEEKLY Market Update

29.07.2025-04.08.2025



**\$24.80**

/8Kg Box



Broccoli

**\$20.00**

/Box



Orange, Cara-Cara

**\$22.00**

/Box



Orange, Mandarin  
Seedless

**\$8.80**

/Punnet



Sea Vegetable, Sea  
Grapes

**\$40.00** \*

/4Kg Box



Shiitake, Australian

*\$15.00/Kg*

WEEKLY SPECIALS



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- Avocado
- Baby Beetroot
- Blackberry
- Broccoli
- Capsicum
- Celery
- Chinese Cabbage
- Cucumber Telegraph
- Dutch Cream Potato
- Honeydew
- Kale Tuscan
- Kipfler Potato
- Large Beetroot
- Lemon
- Mandarin
- Onions
- Orange
- Pumpkin
- Raspberry
- Rockmelon
- Watermelon

**GOOD VALUE  
PRODUCTS**

**PRODUCTS OF INTEREST –  
IN SEASON**

- **Artichoke Jerusalem** – Currently in season.
- **Blood Orange** – Fresh and in peak season.
- **Brown Pear** – In season and readily available.
- **Cara-Cara Orange** – Vibrant and in season.
- **Cherries Import** – In season and available.
- **Corella Pears** – In season and at its best.
- **Cumquats** – In season and good quality.
- **Imported Persimmon** – In season and fresh.
- **Mandarin** – Sweet and in season.
- **Missile Apple** – In season and good supply.
- **Pomelo** – In season and juicy.
- **Romanesco** – In season and at peak freshness.
- **Starfruit** – In steady supply.
- **Sumo Mandarin** – In good supply and available.
- **Truffle** – In season and premium quality.
- **Red Watermelon** – In season and excellent condition.

- **Cauliflower** – Expensive and in short supply.
- **Chilli Range** – Short in supply, especially **Bird's Eye Chilli**, resulting in a price increase.
- **Chives** – Short in supply, especially **Thin Chives**.
- **Corn** – Expensive.
- **Cucumber Lebanese** – Expensive.
- **Eggs** – Ongoing shortage, but supply is improving and prices are easing.
- **Green Beans** – Short in supply.
- **Lime** – Limited supply.
- **Mango Yellow** – Australian season has just started, prices remain high.
- **Mint Long** – Short in supply due to weather condition.
- **Pineapple** – Short in supply with inconsistent quality.
- **Spring Onion** – Short in supply.
- **Tomato Baby Kumato** – Short in supply.
- **Zucchini Baby** – Short in supply due to cold weather.
- **Zucchini Flower** – Short in supply due to cold weather.

**EXPENSIVE – END OF SEASON  
– SHORT IN SUPPLY**