



WEEKLY Market Update

25.11.2025-01.12.2025



\$39.00

/Box



Eggs, Free Range 600
Gram 15Doz Hunter Valley

\$15.80

/Box



Lettuce, Cos

\$20.00

/Tray



Mango, Yellow R2E2

\$12.50

/2.5Kg Bag



PRS Lettuce Cos,
Chunky Cut

\$28.80

/Tray



Tomato, Red Cherry
Truss

WEEKLY SPECIALS



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- Avocado
- Celery
- Cherry Tomato
- Cos Lettuce
- Cucumber Lebanese
- Eggplant
- Eggs
- Green Cabbage
- Honeydew
- Kale
- Kale Tuscan
- Kipfler Potato
- Leeks
- Mandarin
- Rockmelon
- Shiitake Mushroom
- Watermelon Seedless
- Zucchini

**GOOD VALUE
PRODUCTS**

**PRODUCTS OF INTEREST -
IN SEASON**

- **Apricot** – In season.
- **Blood Orange** – In season.
- **Cara-Cara Orange** – In season.
- **Cherries** – In season.
- **Corella Pears** – In season.
- **Lychee** – In season.
- **Mandarin** – In season.
- **Mango** – In season.
- **Stone Fruit** – Peach, Nectarine, and Plum In season.
- **Zucchini Yellow** – In season.

- **Apples** – Lower production period.
- **Brussel Sprout** – Seasonal gap.
- **Capsicum** – Shortage for *Red & Green Capsicum*.
- **Figs** – Short supply but getting better.
- **Lemon** – Supply gap due to season changes. Most lemons now come with seeds.
- **Pomegranate** – Available from the USA only.
- **Tomato Green** – Inconsistent supply.
- **Washed Potato (Chat, Large Washed, and Large Desiree)** – Supply shortage with rising prices.

**EXPENSIVE - END OF SEASON
- SHORT IN SUPPLY**